



Detailed evaluation

Beate Ernst

Club: Lauffeuer Fröttstädt

Number: 16

Course: 12.50 km

12,5 km - Lauf

Category:

Seniorinnen W60 (60-64)

Total time: 1:15:27

Speed: 9.54 km/h

Running performance: 6:02 min/km

Rank in course/Total: 37 (of 70)

Rank in course/Women: 5 (of 22)

Best time in course: 1:08:35

Rank in category: 1(of 1)

Best time in the category: 1:15:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit	5.80	39:49	6:51	1	-	5	2:16	5.80	39:49	6:51	1	-	5	2:16
Finish	6.70	35:38	5:19	1	-	7	4:40	12.50	1:15:27	6:02	1	-	5	6:52