



Panorama Berglauf

Luisenthal, Freizeitgelände am Sportplatz / 27.07.2024

Detailed evaluation

Cordula Menger

Club: Vitzerod-devils

Number: 159

Course: 12.50 km

12,5 km - Nordic Walking

Category:

weiblich Nordic Walking

Total time: 1:50:39

Speed: 6.51 km/h

Running performance: 8:51 min/km

Rank in course/Total: 11 (of 13)

Rank in course/Women: 5 (of 6)

Best time in course: 1:44:59

Rank in category: 5(of 6)

Best time in the category: 1:44:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit	5.80	56:17	9:42	6	3:50	6	3:50	5.80	56:17	9:42	6	3:50	6	3:50
Finish	6.70	54:22	8:06	5	1:55	5	1:55	12.50	1:50:39	8:51	5	5:40	5	5:40