



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

Detailed evaluation

LTV Erfurt Montagsgruppe

Total time: 15:16:24

Number: 10

Speed: 11.07 km/h

Running performance: 5:25 min/km

Course: 169.10 km

Hörschel-Blankenstein

Rank in course: 81 (of 184)

Best time in course: 10:44:49

Category:

Rank in category: 3(of 14)

Frauenstaffel

Best time in the category: 13:16:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	14.00	1:22:12	5:52	3	15:54	110	27:30	14.00	1:22:12	5:52	3	15:54	185	27:30
Grenzwiese/Kleir	19.60	1:45:58	5:24	2	7:46	100	29:12	33.60	3:08:10	5:36	3	10:34	184	56:42
Neue Ausspanne	14.00	1:13:15	5:13	3	4:46	61	23:35	47.60	4:21:25	5:29	3	15:20	184	1:18:41
Grenzadler (Ober	13.60	1:22:09	6:02	7	20:15	118	32:27	61.20	5:43:34	5:36	3	35:35	184	1:47:17
Allzunah	20.00	1:33:37	4:40	2	13:51	50	21:39	81.20	7:17:11	5:23	3	49:26	183	2:05:41
Masserberg (Ren	17.80	1:36:11	5:24	3	12:26	86	26:02	99.00	8:53:22	5:23	3	1:01:52	183	2:31:43
Neuhaus (Rennst	20.10	1:47:37	5:21	4	18:07	107	32:45	119.10	10:40:59	5:22	3	1:19:59	183	3:04:28
Wanderhütte an	13.70	1:19:39	5:48	9	15:20	109	28:16	132.80	12:00:38	5:25	3	1:35:19	183	3:30:19
Brennersgrün	16.00	1:30:12	5:38	7	14:18	103	31:10	148.80	13:30:50	5:26	3	1:42:37	183	4:00:02
Blankenstein	20.30	1:45:34	5:12	5	17:28	88	54:18	169.10	15:16:24	5:25	3	2:00:05	81	4:31:35