



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

Detailed evaluation

LTV Erfurt Montagsgruppe

Number: 10

Course: 169.10 km
Hörschel-Blankenstein

Category:
Frauenstaffel

Total time: 15:16:24

Speed: 11.07 km/h
Running performance: 5:25 min/km

Rank in course: 81 (of 184)

Best time in course: 10:44:49

Rank in category: 3(of 14)

Best time in the category: 13:16:19

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Hohe Sonne | 14.00 | 1:22:12 | 5:52 | 3 | 15:54 | 110 | 27:30 | 14.00 | 1:22:12 | 5:52 | 3 | 15:54 | 185 | 27:30 |
| Grenzwiese/Kleir | 19.60 | 1:45:58 | 5:24 | 2 | 7:46 | 100 | 29:12 | 33.60 | 3:08:10 | 5:36 | 3 | 10:34 | 184 | 56:42 |
| Neue Ausspanne | 14.00 | 1:13:15 | 5:13 | 3 | 4:46 | 61 | 23:35 | 47.60 | 4:21:25 | 5:29 | 3 | 15:20 | 184 | 1:18:41 |
| Grenzadler (Ober | 13.60 | 1:22:09 | 6:02 | 7 | 20:15 | 118 | 32:27 | 61.20 | 5:43:34 | 5:36 | 3 | 35:35 | 184 | 1:47:17 |
| Allzunah | 20.00 | 1:33:37 | 4:40 | 2 | 13:51 | 50 | 21:39 | 81.20 | 7:17:11 | 5:23 | 3 | 49:26 | 184 | 2:05:41 |
| Masserberg (Ren | 17.80 | 1:36:11 | 5:24 | 3 | 12:26 | 86 | 26:02 | 99.00 | 8:53:22 | 5:23 | 3 | 1:01:52 | 184 | 2:31:43 |
| Neuhaus (Rennst | 20.10 | 1:47:37 | 5:21 | 4 | 18:07 | 108 | 32:45 | 119.10 | 10:40:59 | 5:22 | 3 | 1:19:59 | 184 | 3:04:28 |
| Wanderhütte an | 13.70 | 1:19:39 | 5:48 | 9 | 15:20 | 109 | 28:16 | 132.80 | 12:00:38 | 5:25 | 3 | 1:35:19 | 184 | 3:30:19 |
| Brennersgrün | 16.00 | 1:30:12 | 5:38 | 7 | 14:18 | 103 | 31:10 | 148.80 | 13:30:50 | 5:26 | 3 | 1:42:37 | 184 | 4:00:02 |
| Blankenstein | 20.30 | 1:45:34 | 5:12 | 5 | 17:28 | 88 | 54:18 | 169.10 | 15:16:24 | 5:25 | 3 | 2:00:05 | 81 | 4:31:35 |