



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

Detailed evaluation

Flachlandspezialisten Reloaded

Total time: 14:45:53

Number: 202

Speed: 11.45 km/h

Running performance: 5:14 min/km

Course: 169.10 km

Hörschel-Blankenstein

Rank in course: 55 (of 184)

Best time in course: 10:44:49

Category:

Rank in category: 41(of 117)

Männerstaffel

Best time in the category: 10:44:49

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	14.00	1:26:01	6:08	95	31:19	126	31:19	14.00	1:26:01	6:08	95	31:19	126	31:19
Grenzwiese/Kleir	19.60	1:44:31	5:19	68	27:45	94	27:45	33.60	3:10:32	5:40	76	59:04	102	59:04
Neue Ausspanne	14.00	1:12:57	5:12	47	21:41	59	23:17	47.60	4:23:29	5:32	64	1:20:45	82	1:20:45
Grenzdler (Ober	13.60	1:16:46	5:38	63	27:04	80	27:04	61.20	5:40:15	5:33	62	1:43:58	79	1:43:58
Allzunah	20.00	1:32:43	4:38	37	20:38	48	20:45	81.20	7:12:58	5:19	48	2:01:28	62	2:01:28
Masserberg (Ren	17.80	1:23:48	4:42	17	13:39	23	13:39	99.00	8:36:46	5:13	41	2:15:07	52	2:15:07
Neuhaus (Rennst	20.10	1:43:43	5:09	63	28:51	86	28:51	119.10	10:20:29	5:12	41	2:43:58	54	2:43:58
Wanderhütte an	13.70	1:12:53	5:19	48	21:30	65	21:30	132.80	11:33:22	5:13	37	3:03:03	48	3:03:03
Brennersgrün	16.00	1:35:03	5:56	83	36:01	123	36:01	148.80	13:08:25	5:17	46	3:37:37	59	3:37:37
Blankenstein	20.30	1:37:28	4:48	34	23:27	53	46:12	169.10	14:45:53	5:14	41	4:01:04	55	4:01:04