



# 24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

## Detailed evaluation

TEAG Thüringer Energie

Number: 209

Course: 169.10 km  
Hörschel-Blankenstein

Category:  
Männerstaffel

Total time: 14:45:57

Speed: 11.45 km/h

Running performance: 5:14 min/km

Rank in course: 56 (of 184)

Best time in course: 10:44:49

Rank in category: 42(of 117)

Best time in the category: 10:44:49

| Intermediate times |          |            |              | Stage score |             |           |              | Total ranking |            |              |          |             |           |              |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Total | Behind Total | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Hohe Sonne         | 14.00    | 1:14:01    | 5:17         | 46          | 19:19       | 54        | 19:19        | 14.00         | 1:14:01    | 5:17         | 46       | 19:19       | 54        | 19:19        |
| Grenzwiese/Kleir   | 19.60    | 1:41:52    | 5:11         | 57          | 25:06       | 79        | 25:06        | 33.60         | 2:55:53    | 5:14         | 47       | 44:25       | 57        | 44:25        |
| Neue Ausspanne     | 14.00    | 1:05:23    | 4:40         | 20          | 14:07       | 24        | 15:43        | 47.60         | 4:01:16    | 5:04         | 31       | 58:32       | 41        | 58:32        |
| Grenzdler (Ober    | 13.60    | 1:20:58    | 5:57         | 81          | 31:16       | 109       | 31:16        | 61.20         | 5:22:14    | 5:15         | 38       | 1:25:57     | 50        | 1:25:57      |
| Allzunah           | 20.00    | 1:35:56    | 4:47         | 42          | 23:51       | 57        | 23:58        | 81.20         | 6:58:10    | 5:08         | 34       | 1:46:40     | 44        | 1:46:40      |
| Masserberg (Ren    | 17.80    | 1:31:15    | 5:07         | 42          | 21:06       | 56        | 21:06        | 99.00         | 8:29:25    | 5:08         | 36       | 2:07:46     | 46        | 2:07:46      |
| Neuhaus (Rennst    | 20.10    | 1:36:32    | 4:48         | 38          | 21:40       | 53        | 21:40        | 119.10        | 10:05:57   | 5:05         | 32       | 2:29:26     | 41        | 2:29:26      |
| Wanderhütte an     | 13.70    | 1:19:20    | 5:47         | 77          | 27:57       | 107       | 27:57        | 132.80        | 11:25:17   | 5:09         | 34       | 2:54:58     | 44        | 2:54:58      |
| Brennersgrün       | 16.00    | 1:32:21    | 5:46         | 76          | 33:19       | 113       | 33:19        | 148.80        | 12:57:38   | 5:13         | 37       | 3:26:50     | 50        | 3:26:50      |
| Blankenstein       | 20.30    | 1:48:19    | 5:20         | 75          | 34:18       | 111       | 57:03        | 169.10        | 14:45:57   | 5:14         | 42       | 4:01:08     | 56        | 4:01:08      |