



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

Detailed evaluation

Team-Heipa-Eichsfeld II

Club: Lauffreunde Eichsfeld
Number: 216

Course: 169.10 km
Hörschel-Blankenstein

Category:
Männerstaffel

Total time: 14:56:47

Speed: 11.31 km/h
Running performance: 5:18 min/km

Rank in course: 60 (of 184)
Best time in course: 10:44:49

Rank in category: 46(of 117)
Best time in the category: 10:44:49

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	14.00	1:15:00	5:21	50	20:18	59	20:18	14.00	1:15:00	5:21	50	20:18	59	20:18
Grenzwiese/Kleir	19.60	1:44:42	5:20	70	27:56	96	27:56	33.60	2:59:42	5:20	54	48:14	70	48:14
Neue Ausspanne	14.00	1:17:20	5:31	63	26:04	87	27:40	47.60	4:17:02	5:23	50	1:14:18	65	1:14:18
Grenzadler (Ober	13.60	1:08:39	5:02	27	18:57	34	18:57	61.20	5:25:41	5:19	42	1:29:24	54	1:29:24
Allzunah	20.00	1:41:07	5:03	60	29:02	88	29:09	81.20	7:06:48	5:15	43	1:55:18	55	1:55:18
Masserberg (Ren	17.80	1:41:06	5:40	77	30:57	113	30:57	99.00	8:47:54	5:19	46	2:26:15	61	2:26:15
Neuhaus (Rennst	20.10	1:46:25	5:17	75	31:33	99	31:33	119.10	10:34:19	5:19	48	2:57:48	62	2:57:48
Wanderhütte an	13.70	1:18:30	5:43	74	27:07	103	27:07	132.80	11:52:49	5:22	51	3:22:30	66	3:22:30
Brennersgrün	16.00	1:24:11	5:15	51	25:09	74	25:09	148.80	13:17:00	5:21	50	3:46:12	64	3:46:12
Blankenstein	20.30	1:39:47	4:54	42	25:46	63	48:31	169.10	14:56:47	5:18	46	4:11:58	60	4:11:58