



24. Rennsteig-Staffellauf
Hörschel bis Blankenstein / 22.06.2024

Detailed evaluation

Potsdamer Laufclub TG Mittelstrecke Total time: 15:04:01

Number: 509

Course: 169.10 km
Hörschel-Blankenstein

Category:
Mixstaffel

Speed: 11.22 km/h
Running performance: 5:20 min/km

Rank in course: 66 (of 184)
Best time in course: 10:44:49

Rank in category: 15(of 53)
Best time in the category: 11:42:16

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	14.00	1:20:29	5:44	19	22:41	92	25:47	14.00	1:20:29	5:44	19	22:41	185	25:47
Grenzwiese/Kleir	19.60	1:51:20	5:40	34	33:18	126	34:34	33.60	3:11:49	5:42	24	50:36	184	1:00:21
Neue Ausspanne	14.00	1:22:20	5:52	28	32:40	121	32:40	47.60	4:34:09	5:45	23	1:16:23	184	1:31:25
Grenzdler (Ober	13.60	1:24:12	6:11	34	27:44	136	34:30	61.20	5:58:21	5:51	24	1:44:07	184	2:02:04
Allzunah	20.00	1:41:47	5:05	27	29:49	96	29:49	81.20	7:40:08	5:39	25	2:07:16	183	2:28:38
Masserberg (Ren	17.80	1:32:59	5:13	19	17:12	70	22:50	99.00	9:13:07	5:35	21	2:14:29	183	2:51:28
Neuhaus (Rennst	20.10	1:28:31	4:24	8	12:39	24	13:39	119.10	10:41:38	5:23	14	2:27:08	183	3:05:07
Wanderhütte an	13.70	1:14:20	5:25	14	14:21	70	22:57	132.80	11:55:58	5:23	14	2:41:29	183	3:25:39
Brennersgrün	16.00	1:42:31	6:24	42	36:40	155	43:29	148.80	13:38:29	5:30	19	3:17:34	183	4:07:41
Blankenstein	20.30	1:25:32	4:12	8	34:16	18	34:16	169.10	15:04:01	5:20	15	3:21:45	66	4:19:12