



# 24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

## Detailed evaluation

LTV Ladys

Total time: 18:34:29

Number: 15

Speed: 9.10 km/h

Running performance: 6:35 min/km

Course: 169.10 km

Hörschel-Blankenstein

Rank in course: 183 (of 184)

Best time in course: 10:44:49

Category:

Rank in category: 14(of 14)

Frauenstaffel

Best time in the category: 13:16:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	14.00	1:45:58	7:34	14	39:40	182	51:16	14.00	1:45:58	7:34	14	39:40	185	51:16
Grenzwiese/Kleir	19.60	2:09:44	6:37	11	31:32	173	52:58	33.60	3:55:42	7:00	13	58:06	184	1:44:14
Neue Ausspanne	14.00	1:30:33	6:28	12	22:04	156	40:53	47.60	5:26:15	6:51	14	1:20:10	184	2:23:31
Grenzdler (Ober	13.60	1:37:21	7:09	13	35:27	173	47:39	61.20	7:03:36	6:55	14	1:55:37	184	3:07:19
Allzunah	20.00	2:24:04	7:12	14	1:04:18	180	1:12:06	81.20	9:27:40	6:59	14	2:59:55	184	4:16:10
Masserberg (Ren	17.80	2:20:07	7:52	14	56:22	182	1:09:58	99.00	11:47:47	7:08	14	3:56:17	184	5:26:08
Neuhaus (Rennst	20.10	2:05:42	6:15	10	36:12	166	50:50	119.10	13:53:29	6:59	14	4:32:29	184	6:16:58
Wanderhütte an	13.70	1:27:43	6:24	12	23:24	158	36:20	132.80	15:21:12	6:56	14	4:55:53	184	6:50:53
Brennersgrün	16.00	1:15:54	4:44	1	-	29	16:52	148.80	16:37:06	6:42	14	4:48:53	184	7:06:18
Blankenstein	20.30	1:57:23	5:46	10	29:17	142	1:06:07	169.10	18:34:29	6:35	14	5:18:10	183	7:49:40