



# 24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

## Detailed evaluation

### Lauffreunde Werratal II

Club: Treffurt  
Number: 2

Course: 169.10 km  
Hörschel-Blankenstein

Category:  
Mixstaffel

Total time: 16:00:04

Speed: 10.56 km/h  
Running performance: 5:40 min/km

Rank in course: 121 (of 184)

Best time in course: 10:44:49

Rank in category: 27(of 53)

Best time in the category: 11:42:16

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	14.00	1:27:21	6:14	29	29:33	132	32:39	14.00	1:27:21	6:14	29	29:33	185	32:39
Grenzwiese/Kleir	19.60	1:57:42	6:00	42	39:40	151	40:56	33.60	3:25:03	6:06	39	1:03:50	184	1:13:35
Neue Ausspanne	14.00	1:12:21	5:10	9	22:41	55	22:41	47.60	4:37:24	5:49	28	1:19:38	184	1:34:40
Grenzadler (Ober	13.60	1:22:22	6:03	26	25:54	121	32:40	61.20	5:59:46	5:52	26	1:45:32	184	2:03:29
Allzunah	20.00	1:51:25	5:34	44	39:27	138	39:27	81.20	7:51:11	5:48	30	2:18:19	184	2:39:41
Masserberg (Ren	17.80	1:40:33	5:38	30	24:46	109	30:24	99.00	9:31:44	5:46	30	2:33:06	184	3:10:05
Neuhaus (Rennst	20.10	1:50:11	5:28	30	34:19	120	35:19	119.10	11:21:55	5:43	32	3:07:25	184	3:45:24
Wanderhütte an	13.70	1:16:49	5:36	21	16:50	97	25:26	132.80	12:38:44	5:42	29	3:24:15	184	4:08:25
Brennersgrün	16.00	1:39:55	6:14	40	34:04	151	40:53	148.80	14:18:39	5:46	33	3:57:44	184	4:47:51
Blankenstein	20.30	1:41:25	4:59	22	50:09	70	50:09	169.10	16:00:04	5:40	27	4:17:48	121	5:15:15