



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

Detailed evaluation

Lauffreunde Werratal I

Club: Treffurt
Number: 110

Course: 169.10 km
Hörschel-Blankenstein

Category:
Mixstaffel

Total time: 16:00:04

Speed: 10.56 km/h
Running performance: 5:40 min/km

Rank in course: 121 (of 184)

Best time in course: 10:44:49

Rank in category: 27(of 53)

Best time in the category: 11:42:16

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	14.00	1:38:40	7:02	49	40:52	172	43:58	14.00	1:38:40	7:02	49	40:52	185	43:58
Grenzwiese/Kleir	19.60	1:39:50	5:05	19	21:48	70	23:04	33.60	3:18:30	5:54	32	57:17	184	1:07:02
Neue Ausspanne	14.00	1:13:40	5:15	12	24:00	64	24:00	47.60	4:32:10	5:43	22	1:14:24	184	1:29:26
Grenzadler (Ober	13.60	1:23:14	6:07	30	26:46	129	33:32	61.20	5:55:24	5:48	22	1:41:10	184	1:59:07
Allzunah	20.00	1:41:21	5:04	26	29:23	90	29:23	81.20	7:36:45	5:37	22	2:03:53	184	2:25:15
Masserberg (Ren	17.80	1:32:18	5:11	16	16:31	62	22:09	99.00	9:09:03	5:32	18	2:10:25	184	2:47:24
Neuhaus (Rennst	20.10	1:43:15	5:08	20	27:23	82	28:23	119.10	10:52:18	5:28	19	2:37:48	184	3:15:47
Wanderhütte an	13.70	1:33:35	6:49	47	33:36	172	42:12	132.80	12:25:53	5:36	24	3:11:24	184	3:55:34
Brennersgrün	16.00	1:21:01	5:03	17	15:10	59	21:59	148.80	13:46:54	5:33	24	3:25:59	184	4:16:06
Blankenstein	20.30	2:13:10	6:33	51	1:21:54	175	1:21:54	169.10	16:00:04	5:40	27	4:17:48	121	5:15:15