



# 24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

## Detailed evaluation

Roter Stern Pfafferode I

Total time: 16:26:48

Number: 132

Speed: 10.28 km/h

Running performance: 5:50 min/km

Course: 169.10 km

Hörschel-Blankenstein

Rank in course: 145 (of 184)

Best time in course: 10:44:49

Category:

Rank in category: 102(of 117)

Männerstaffel

Best time in the category: 10:44:49

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	14.00	1:15:06	5:21	52	20:24	62	20:24	14.00	1:15:06	5:21	52	20:24	62	20:24
Grenzwiese/Kleir	19.60	1:52:48	5:45	94	36:02	133	36:02	33.60	3:07:54	5:35	74	56:26	98	56:26
Neue Ausspanne	14.00	1:22:34	5:53	86	31:18	124	32:54	47.60	4:30:28	5:40	80	1:27:44	103	1:27:44
Grenzadler (Ober	13.60	1:36:36	7:06	110	46:54	172	46:54	61.20	6:07:04	5:59	99	2:10:47	136	2:10:47
Allzunah	20.00	1:42:52	5:08	72	30:47	107	30:54	81.20	7:49:56	5:47	95	2:38:26	129	2:38:26
Masserberg (Ren	17.80	1:36:41	5:25	63	26:32	90	26:32	99.00	9:26:37	5:43	91	3:04:58	123	3:04:58
Neuhaus (Rennst	20.10	1:59:56	5:58	105	45:04	153	45:04	119.10	11:26:33	5:45	95	3:50:02	131	3:50:02
Wanderhütte an	13.70	1:22:08	5:59	88	30:45	131	30:45	132.80	12:48:41	5:47	96	4:18:22	132	4:18:22
Brennersgrün	16.00	1:42:26	6:24	102	43:24	154	43:24	148.80	14:31:07	5:51	99	5:00:19	139	5:00:19
Blankenstein	20.30	1:55:41	5:41	91	41:40	137	1:04:25	169.10	16:26:48	5:50	102	5:41:59	145	5:41:59