



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

Detailed evaluation

OSTERLAUF-TEAM Heyda

Total time: 15:51:56

Number: 143

Speed: 10.65 km/h

Running performance: 5:37 min/km

Course: 169.10 km

Hörschel-Blankenstein

Rank in course: 113 (of 184)

Best time in course: 10:44:49

Category:

Rank in category: 84(of 117)

Männerstaffel

Best time in the category: 10:44:49

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	14.00	1:24:25	6:01	89	29:43	116	29:43	14.00	1:24:25	6:01	89	29:43	116	29:43
Grenzwiese/Kleir	19.60	1:50:46	5:39	88	34:00	121	34:00	33.60	3:15:11	5:48	89	1:03:43	118	1:03:43
Neue Ausspanne	14.00	1:23:59	5:59	90	32:43	129	34:19	47.60	4:39:10	5:51	97	1:36:26	131	1:36:26
Grenzdler (Ober	13.60	1:18:14	5:45	69	28:32	89	28:32	61.20	5:57:24	5:50	92	2:01:07	120	2:01:07
Allzunah	20.00	1:58:25	5:55	104	46:20	165	46:27	81.20	7:55:49	5:51	99	2:44:19	137	2:44:19
Masserberg (Ren	17.80	1:28:30	4:58	34	18:21	45	18:21	99.00	9:24:19	5:42	86	3:02:40	118	3:02:40
Neuhaus (Rennst	20.10	1:50:15	5:29	86	35:23	121	35:23	119.10	11:14:34	5:39	88	3:38:03	119	3:38:03
Wanderhütte an	13.70	1:29:12	6:30	108	37:49	165	37:49	132.80	12:43:46	5:45	95	4:13:27	130	4:13:27
Brennersgrün	16.00	1:19:51	4:59	34	20:49	52	20:49	148.80	14:03:37	5:40	89	4:32:49	120	4:32:49
Blankenstein	20.30	1:48:19	5:20	75	34:18	111	57:03	169.10	15:51:56	5:37	84	5:07:07	113	5:07:07