



# 24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

## Detailed evaluation

Speedy Ladies Heipa Eichsfeld

Total time: 17:07:08

Number: 7

Speed: 9.87 km/h

Running performance: 6:04 min/km

Course: 169.10 km

Hörschel-Blankenstein

Rank in course: 159 (of 184)

Best time in course: 10:44:49

Category:

Rank in category: 10(of 14)

Frauenstaffel

Best time in the category: 13:16:19

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Hohe Sonne	14.00	1:32:06	6:34	7	25:48	152	37:24	14.00	1:32:06	6:34	7	25:48	185	37:24
Grenzwiese/Kleir	19.60	2:06:57	6:28	10	28:45	171	50:11	33.60	3:39:03	6:31	10	41:27	184	1:27:35
Neue Ausspanne	14.00	1:27:44	6:15	11	19:15	144	38:04	47.60	5:06:47	6:26	9	1:00:42	184	2:04:03
Grenzdler (Ober	13.60	1:28:23	6:29	10	26:29	156	38:41	61.20	6:35:10	6:27	9	1:27:11	184	2:38:53
Allzunah	20.00	1:55:23	5:46	10	35:37	153	43:25	81.20	8:30:33	6:17	10	2:02:48	184	3:19:03
Masserberg (Ren	17.80	1:56:01	6:31	11	32:16	162	45:52	99.00	10:26:34	6:19	11	2:35:04	184	4:04:55
Neuhaus (Rennst	20.10	1:46:08	5:16	3	16:38	97	31:16	119.10	12:12:42	6:09	10	2:51:42	184	4:36:11
Wanderhütte an	13.70	1:18:01	5:41	7	13:42	101	26:38	132.80	13:30:43	6:06	9	3:05:24	184	5:00:24
Brennersgrün	16.00	1:35:54	5:59	11	20:00	129	36:52	148.80	15:06:37	6:05	10	3:18:24	184	5:35:49
Blankenstein	20.30	2:00:31	5:56	11	32:25	150	1:09:15	169.10	17:07:08	6:04	10	3:50:49	159	6:22:19