



24. Rennsteig-Staffellauf
Hörschel bis Blankenstein / 22.06.2024

Detailed evaluation

22. Thüringer Zahnarztstaffel

Total time: 15:06:11

Number: 157

Speed: 11.19 km/h

Running performance: 5:21 min/km

Course: 169.10 km

Hörschel-Blankenstein

Rank in course: 67 (of 184)

Best time in course: 10:44:49

Category:

Rank in category: 50(of 117)

Männerstaffel

Best time in the category: 10:44:49

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Hohe Sonne | 14.00 | 1:15:08 | 5:22 | 53 | 20:26 | 63 | 20:26 | 14.00 | 1:15:08 | 5:22 | 53 | 20:26 | 63 | 20:26 |
| Grenzwiese/Kleir | 19.60 | 1:32:05 | 4:41 | 19 | 15:19 | 28 | 15:19 | 33.60 | 2:47:13 | 4:58 | 23 | 35:45 | 32 | 35:45 |
| Neue Ausspanne | 14.00 | 1:34:55 | 6:46 | 111 | 43:39 | 169 | 45:15 | 47.60 | 4:22:08 | 5:30 | 62 | 1:19:24 | 78 | 1:19:24 |
| Grenzdler (Ober | 13.60 | 1:19:29 | 5:50 | 73 | 29:47 | 98 | 29:47 | 61.20 | 5:41:37 | 5:34 | 65 | 1:45:20 | 82 | 1:45:20 |
| Allzunah | 20.00 | 1:38:03 | 4:54 | 50 | 25:58 | 67 | 26:05 | 81.20 | 7:19:40 | 5:24 | 60 | 2:08:10 | 76 | 2:08:10 |
| Masserberg (Ren | 17.80 | 1:40:54 | 5:40 | 75 | 30:45 | 110 | 30:45 | 99.00 | 9:00:34 | 5:27 | 61 | 2:38:55 | 80 | 2:38:55 |
| Neuhaus (Rennst | 20.10 | 1:32:38 | 4:36 | 27 | 17:46 | 38 | 17:46 | 119.10 | 10:33:12 | 5:18 | 46 | 2:56:41 | 60 | 2:56:41 |
| Wanderhütte an | 13.70 | 1:11:48 | 5:14 | 43 | 20:25 | 57 | 20:25 | 132.80 | 11:45:00 | 5:18 | 49 | 3:14:41 | 62 | 3:14:41 |
| Brennersgrün | 16.00 | 1:22:47 | 5:10 | 46 | 23:45 | 66 | 23:45 | 148.80 | 13:07:47 | 5:17 | 45 | 3:36:59 | 58 | 3:36:59 |
| Blankenstein | 20.30 | 1:58:24 | 5:49 | 94 | 44:23 | 144 | 1:07:08 | 169.10 | 15:06:11 | 5:21 | 50 | 4:21:22 | 67 | 4:21:22 |