



24. Rennsteig-Staffellauf
Hörschel bis Blankenstein / 22.06.2024

Detailed evaluation

22. Thüringer Zahnarztstaffel

Total time: 15:06:11

Number: 157

Speed: 11.19 km/h

Running performance: 5:21 min/km

Course: 169.10 km

Hörschel-Blankenstein

Rank in course: 67 (of 184)

Best time in course: 10:44:49

Category:

Rank in category: 50(of 117)

Männerstaffel

Best time in the category: 10:44:49

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	14.00	1:15:08	5:22	53	20:26	63	20:26	14.00	1:15:08	5:22	53	20:26	63	20:26
Grenzwiese/Kleir	19.60	1:32:05	4:41	19	15:19	28	15:19	33.60	2:47:13	4:58	23	35:45	32	35:45
Neue Ausspanne	14.00	1:34:55	6:46	111	43:39	169	45:15	47.60	4:22:08	5:30	62	1:19:24	78	1:19:24
Grenzdler (Ober	13.60	1:19:29	5:50	73	29:47	98	29:47	61.20	5:41:37	5:34	65	1:45:20	82	1:45:20
Allzunah	20.00	1:38:03	4:54	50	25:58	67	26:05	81.20	7:19:40	5:24	60	2:08:10	76	2:08:10
Masserberg (Ren	17.80	1:40:54	5:40	75	30:45	110	30:45	99.00	9:00:34	5:27	61	2:38:55	80	2:38:55
Neuhaus (Rennst	20.10	1:32:38	4:36	27	17:46	38	17:46	119.10	10:33:12	5:18	46	2:56:41	60	2:56:41
Wanderhütte an	13.70	1:11:48	5:14	43	20:25	57	20:25	132.80	11:45:00	5:18	49	3:14:41	62	3:14:41
Brennersgrün	16.00	1:22:47	5:10	46	23:45	66	23:45	148.80	13:07:47	5:17	45	3:36:59	58	3:36:59
Blankenstein	20.30	1:58:24	5:49	94	44:23	144	1:07:08	169.10	15:06:11	5:21	50	4:21:22	67	4:21:22