



24. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2024

Detailed evaluation

Harzer Hexen

Club: SV Lok Blankenburg
Number: 9

Course: 169.10 km
Hörschel-Blankenstein

Category:
Frauenstaffel

Total time: 14:28:47

Speed: 11.67 km/h
Running performance: 5:08 min/km

Rank in course: 46 (of 184)
Best time in course: 10:44:49

Rank in category: 2(of 14)
Best time in the category: 13:16:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	14.00	1:25:38	6:07	5	19:20	123	30:56	14.00	1:25:38	6:07	5	19:20	185	30:56
Grenzwiese/Kleir	19.60	1:38:12	5:00	1	-	58	21:26	33.60	3:03:50	5:28	2	6:14	184	52:22
Neue Ausspanne	14.00	1:10:05	5:00	2	1:36	43	20:25	47.60	4:13:55	5:20	2	7:50	184	1:11:11
Grenzadler (Ober	13.60	1:07:48	4:59	2	5:54	32	18:06	61.20	5:21:43	5:15	2	13:44	184	1:25:26
Allzunah	20.00	1:39:32	4:58	3	19:46	75	27:34	81.20	7:01:15	5:11	2	33:30	184	1:49:45
Masserberg (Ren	17.80	1:36:49	5:26	4	13:04	92	26:40	99.00	8:38:04	5:13	2	46:34	184	2:16:25
Neuhaus (Rennst	20.10	1:39:07	4:55	2	9:37	63	24:15	119.10	10:17:11	5:10	2	56:11	184	2:40:40
Wanderhütte an	13.70	1:04:19	4:41	1	-	19	12:56	132.80	11:21:30	5:07	2	56:11	184	2:51:11
Brennersgrün	16.00	1:26:38	5:24	6	10:44	88	27:36	148.80	12:48:08	5:09	2	59:55	184	3:17:20
Blankenstein	20.30	1:40:39	4:57	3	12:33	65	49:23	169.10	14:28:47	5:08	2	1:12:28	46	3:43:58