



1. SPORTident Winter-Stundenlaufserie mit Musik (1. Lauf)

Arnstadt / 31.01.2024

Detailed evaluation

Lotta Mathilda Mund

Number: 20

Course: 0.35 km/Lap

Halbstundenlauf

Category:

weibliche Jugend U14 (12/13)

Total time: 29:16

Speed: 6.15 km/h

Running performance: 7:36 min/km

Laps: 11 (3.85 km)

Rank in course/Women: 7 (of 8)

Rank in category: 1(of 1)

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.35	2:05	5:57	1	-	6	0:30	0.35	2:05	5:57	1	-	6	0:30
Lap 2	0.35	2:21	6:42	1	-	7	0:47	0.70	4:26	6:20	1	-	6	1:17
Lap 3	0.35	2:25	6:54	1	-	6	0:50	1.05	6:51	6:31	1	-	6	2:07
Lap 4	0.35	2:38	7:31	1	-	7	1:03	1.40	9:29	6:46	1	-	6	3:10
Lap 5	0.35	2:42	7:42	1	-	7	1:05	1.75	12:11	6:57	1	-	6	4:15
Lap 6	0.35	2:59	8:31	1	-	7	1:21	2.10	15:10	7:13	1	-	7	5:36
Lap 7	0.35	2:51	8:08	1	-	7	1:11	2.45	18:01	7:21	1	-	7	6:47
Lap 8	0.35	2:53	8:14	1	-	7	1:13	2.80	20:54	7:27	1	-	7	8:00
Lap 9	0.35	2:40	7:37	1	-	6	1:03	3.15	23:34	7:28	1	-	7	9:03
Lap 10	0.35	3:02	8:39	1	-	8	1:26	3.50	26:36	7:36	1	-	7	10:29
Lap 11	0.35	2:40	7:37	1	-	6	1:06	3.85	29:16	7:36	1	-	7	11:35