



# 1. SPORTident Winter-Stundenlaufserie mit Musik (1. Lauf)

Arnstadt / 31.01.2024

## Detailed evaluation

Slavko Aleksic

Club: SPORTident

Number: 31

Course: 0.35 km/Lap

Stundenlauf

Category:

Männer (20-29 Jahre)

Total time: 58:38

Speed: 8.19 km/h

Running performance: 7:17 min/km

Laps: 23 (8.05 km)

Rank in course/Men: 43 (of 44)

Rank in category: 2(of 2)

| Intermediate times |          |            |              |          | Stage score |         |            |          | Total ranking |              |          |             |         |            |
|--------------------|----------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time    | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1              | 0.35     | 2:09       | 6:08         | 2        | 0:45        | 40      | 0:55       | 0.35     | 2:09          | 6:08         | 2        | 0:45        | 40      | 0:55       |
| Lap 2              | 0.35     | 1:59       | 5:40         | 2        | 0:29        | 38      | 0:38       | 0.70     | 4:08          | 5:54         | 2        | 1:14        | 40      | 1:33       |
| Lap 3              | 0.35     | 2:05       | 5:57         | 2        | 0:31        | 40      | 0:44       | 1.05     | 6:13          | 5:55         | 2        | 1:45        | 40      | 2:16       |
| Lap 4              | 0.35     | 2:08       | 6:05         | 2        | 0:34        | 38      | 0:47       | 1.40     | 8:21          | 5:57         | 2        | 2:19        | 40      | 3:03       |
| Lap 5              | 0.35     | 2:09       | 6:08         | 2        | 0:32        | 38      | 0:47       | 1.75     | 10:30         | 6:00         | 2        | 2:51        | 40      | 3:50       |
| Lap 6              | 0.35     | 2:23       | 6:48         | 2        | 0:43        | 42      | 1:00       | 2.10     | 12:53         | 6:08         | 2        | 3:34        | 40      | 4:50       |
| Lap 7              | 0.35     | 2:35       | 7:22         | 2        | 0:56        | 43      | 1:13       | 2.45     | 15:28         | 6:18         | 2        | 4:30        | 41      | 6:03       |
| Lap 8              | 0.35     | 2:46       | 7:54         | 2        | 1:09        | 43      | 1:23       | 2.80     | 18:14         | 6:30         | 2        | 5:39        | 42      | 7:25       |
| Lap 9              | 0.35     | 3:03       | 8:42         | 2        | 1:23        | 43      | 1:42       | 3.15     | 21:17         | 6:45         | 2        | 7:02        | 42      | 9:03       |
| Lap 10             | 0.35     | 1:46       | 5:02         | 2        | 0:04        | 19      | 0:24       | 3.50     | 23:03         | 6:35         | 2        | 7:06        | 42      | 9:25       |
| Lap 11             | 0.35     | 2:42       | 7:42         | 2        | 0:59        | 43      | 1:19       | 3.85     | 25:45         | 6:41         | 2        | 8:05        | 42      | 10:43      |
| Lap 12             | 0.35     | 2:16       | 6:28         | 2        | 0:34        | 41      | 0:55       | 4.20     | 28:01         | 6:40         | 2        | 8:39        | 42      | 11:36      |
| Lap 13             | 0.35     | 2:23       | 6:48         | 2        | 0:43        | 42      | 1:02       | 4.55     | 30:24         | 6:40         | 2        | 9:22        | 42      | 12:36      |
| Lap 14             | 0.35     | 4:42       | 13:25        | 2        | 2:59        | 44      | 3:21       | 4.90     | 35:06         | 7:09         | 2        | 12:21       | 42      | 15:56      |
| Lap 15             | 0.35     | 4:10       | 11:54        | 2        | 2:28        | 44      | 2:48       | 5.25     | 39:16         | 7:28         | 2        | 14:49       | 43      | 18:44      |
| Lap 16             | 0.35     | 1:56       | 5:31         | 2        | 0:12        | 28      | 0:34       | 5.60     | 41:12         | 7:21         | 2        | 15:01       | 43      | 19:17      |
| Lap 17             | 0.35     | 2:36       | 7:25         | 2        | 0:47        | 43      | 1:13       | 5.95     | 43:48         | 7:21         | 2        | 15:48       | 43      | 20:30      |
| Lap 18             | 0.35     | 2:21       | 6:42         | 2        | 0:28        | 41      | 0:57       | 6.30     | 46:09         | 7:19         | 2        | 16:16       | 43      | 21:26      |
| Lap 19             | 0.35     | 2:22       | 6:45         | 2        | 0:33        | 42      | 1:00       | 6.65     | 48:31         | 7:17         | 2        | 16:49       | 43      | 22:25      |
| Lap 20             | 0.35     | 2:25       | 6:54         | 2        | 0:36        | 42      | 1:05       | 7.00     | 50:56         | 7:16         | 2        | 17:25       | 43      | 23:29      |
| Lap 21             | 0.35     | 2:14       | 6:22         | 2        | 0:26        | 37      | 0:52       | 7.35     | 53:10         | 7:14         | 2        | 17:51       | 43      | 24:21      |
| Lap 22             | 0.35     | 2:18       | 6:34         | 2        | 0:30        | 39      | 0:55       | 7.70     | 55:28         | 7:12         | 2        | 18:21       | 43      | 25:16      |
| Lap 23             | 0.35     | 3:10       | 9:02         | 2        | 1:23        | 43      | 1:48       | 8.05     | 58:38         | 7:17         | 2        | 19:44       | 43      | 27:04      |