



1. SPORTident Winter-Stundenlaufserie mit Musik (1. Lauf)

Arnstadt / 31.01.2024

Detailed evaluation

Felix Beck

Club: HSG IIm-kreis

Number: 2

Course: 0.35 km/Lap

Halbstundenlauf

Category:

männliche Jugend U14 (12/13)

Total time: 29:36

Speed: 9.93 km/h

Running performance: 6:02 min/km

Laps: 14 (4.9 km)

Rank in course/Men: 13 (of 14)

Rank in category: 2(of 2)

| Intermediate times | | | | | Stage score | | | | Total ranking | | | | | |
|--------------------|----------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 0.35 | 1:57 | 5:34 | 2 | 0:05 | 13 | 0:21 | 0.35 | 1:57 | 5:34 | 2 | 0:05 | 13 | 0:21 |
| Lap 2 | 0.35 | 1:56 | 5:31 | 1 | - | 10 | 0:26 | 0.70 | 3:53 | 5:32 | 2 | 0:05 | 13 | 0:43 |
| Lap 3 | 0.35 | 2:02 | 5:48 | 2 | 0:01 | 13 | 0:28 | 1.05 | 5:55 | 5:38 | 2 | 0:06 | 13 | 1:11 |
| Lap 4 | 0.35 | 2:04 | 5:54 | 2 | 0:05 | 13 | 0:29 | 1.40 | 7:59 | 5:42 | 2 | 0:11 | 13 | 1:40 |
| Lap 5 | 0.35 | 2:02 | 5:48 | 2 | 0:03 | 10 | 0:25 | 1.75 | 10:01 | 5:43 | 2 | 0:14 | 13 | 2:05 |
| Lap 6 | 0.35 | 2:11 | 6:14 | 2 | 0:15 | 12 | 0:33 | 2.10 | 12:12 | 5:48 | 2 | 0:29 | 12 | 2:38 |
| Lap 7 | 0.35 | 2:11 | 6:14 | 2 | 0:08 | 13 | 0:32 | 2.45 | 14:23 | 5:52 | 2 | 0:37 | 12 | 3:10 |
| Lap 8 | 0.35 | 2:18 | 6:34 | 2 | 0:21 | 13 | 0:37 | 2.80 | 16:41 | 5:57 | 2 | 0:58 | 12 | 3:47 |
| Lap 9 | 0.35 | 2:07 | 6:02 | 2 | 0:06 | 11 | 0:29 | 3.15 | 18:48 | 5:58 | 2 | 1:04 | 13 | 4:16 |
| Lap 10 | 0.35 | 2:08 | 6:05 | 2 | 0:06 | 13 | 0:32 | 3.50 | 20:56 | 5:58 | 2 | 1:10 | 13 | 4:48 |
| Lap 11 | 0.35 | 2:06 | 6:00 | 1 | - | 10 | 0:33 | 3.85 | 23:02 | 5:58 | 2 | 1:08 | 13 | 5:21 |
| Lap 12 | 0.35 | 2:22 | 6:45 | 2 | 0:05 | 14 | 0:48 | 4.20 | 25:24 | 6:02 | 2 | 1:13 | 13 | 6:09 |
| Lap 13 | 0.35 | 2:05 | 5:57 | 1 | - | 10 | 0:26 | 4.55 | 27:29 | 6:02 | 2 | 1:06 | 13 | 6:35 |
| Lap 14 | 0.35 | 2:07 | 6:02 | 2 | 0:01 | 12 | 0:30 | 4.90 | 29:36 | 6:02 | 2 | 1:07 | 13 | 7:05 |