



1. SPORTident Winter-Stundenlaufserie mit Musik (1. Lauf)

Arnstadt / 31.01.2024

Detailed evaluation

Thomas Bähr

Club: Traktor Rehestädt
Number: 86

Course: 0.35 km/Lap
Stundenlauf

Category:
Senioren M60 (60-64)

Total time: 58:27

Speed: 9.24 km/h

Running performance: 6:11 min/km

Laps: 27 (9.45 km)

Rank in course/Men: 38 (of 44)

Rank in category: 5(of 5)

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	0.35	2:03	5:51	5	0:19	34	0:49	0.35	2:03	5:51	5	0:19	34	0:49	
Lap 2	0.35	2:04	5:54	5	0:16	40	0:43	0.70	4:07	5:52	5	0:35	39	1:32	
Lap 3	0.35	2:04	5:54	5	0:16	39	0:43	1.05	6:11	5:53	5	0:50	39	2:14	
Lap 4	0.35	2:09	6:08	5	0:20	39	0:48	1.40	8:20	5:57	5	1:09	39	3:02	
Lap 5	0.35	2:09	6:08	5	0:21	38	0:47	1.75	10:29	5:59	5	1:28	39	3:49	
Lap 6	0.35	2:09	6:08	5	0:21	38	0:46	2.10	12:38	6:00	5	1:47	39	4:35	
Lap 7	0.35	2:09	6:08	5	0:21	38	0:47	2.45	14:47	6:02	5	2:08	39	5:22	
Lap 8	0.35	2:09	6:08	5	0:21	38	0:46	2.80	16:56	6:02	5	2:29	39	6:07	
Lap 9	0.35	2:08	6:05	5	0:20	38	0:47	3.15	19:04	6:03	5	2:49	39	6:50	
Lap 10	0.35	2:09	6:08	5	0:23	40	0:47	3.50	21:13	6:03	5	3:10	39	7:35	
Lap 11	0.35	2:08	6:05	5	0:20	38	0:45	3.85	23:21	6:03	5	3:30	39	8:19	
Lap 12	0.35	2:12	6:17	5	0:23	38	0:51	4.20	25:33	6:05	5	3:53	39	9:08	
Lap 13	0.35	2:10	6:11	5	0:22	39	0:49	4.55	27:43	6:05	5	4:15	39	9:55	
Lap 14	0.35	2:13	6:20	5	0:24	39	0:52	4.90	29:56	6:06	5	4:39	39	10:46	
Lap 15	0.35	2:12	6:17	5	0:23	39	0:50	5.25	32:08	6:07	5	5:02	39	11:36	
Lap 16	0.35	2:16	6:28	5	0:28	39	0:54	5.60	34:24	6:08	5	5:30	39	12:29	
Lap 17	0.35	2:12	6:17	4	0:23	37	0:49	5.95	36:36	6:09	5	5:53	39	13:18	
Lap 18	0.35	2:11	6:14	5	0:22	37	0:47	6.30	38:47	6:09	5	6:15	39	14:04	
Lap 19	0.35	2:13	6:20	5	0:24	39	0:51	6.65	41:00	6:09	5	6:39	39	14:54	
Lap 20	0.35	2:11	6:14	5	0:22	36	0:51	7.00	43:11	6:10	5	7:00	39	15:44	
Lap 21	0.35	2:12	6:17	5	0:24	36	0:50	7.35	45:23	6:10	5	7:22	39	16:34	
Lap 22	0.35	2:13	6:20	5	0:24	37	0:50	7.70	47:36	6:10	5	7:46	38	17:24	
Lap 23	0.35	2:11	6:14	5	0:20	36	0:49	8.05	49:47	6:11	5	8:06	38	18:13	
Lap 24	0.35	2:13	6:20	5	0:41	38	0:52	8.40	52:00	6:11	5	8:28	38	19:05	
Lap 25	0.35	2:10	6:11	5	0:36	37	0:50	8.75	54:10	6:11	5	8:49	38	19:55	
Lap 26	0.35	2:09	6:08	5	0:33	38	0:48	9.10	56:19	6:11	5	9:21	38	20:43	
Lap 27	0.35	2:08	6:05	5	0:29	37	0:47	9.45	58:27	6:11	5	9:50	38	21:30	