



1. SPORTident Winter-Stundenlaufserie mit Musik (2. Lauf)

Arnstadt / 21.02.2024

Detailed evaluation

Berit Vetter

Club: SG Einheit Arnstadt e.V.

Number: 23

Course: 0.35 km/Lap

Halbstundenlauf

Category:

Seniorinnen W50 (50-54) H

Total time: 27:50

Speed: 6.47 km/h

Running performance: 7:13 min/km

Laps: 11 (3.85 km)

Rank in course/Women: 9 (of 14)

Rank in category: 1(of 1)

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.35	2:28	7:02	1	-	11	1:08	0.35	2:28	7:02	1	-	11	1:08
Lap 2	0.35	2:57	8:25	1	-	12	1:31	0.70	5:25	7:44	1	-	11	2:39
Lap 3	0.35	2:57	8:25	1	-	11	1:27	1.05	8:22	7:58	1	-	11	4:06
Lap 4	0.35	3:54	11:08	1	-	12	2:26	1.40	12:16	8:45	1	-	12	6:32
Lap 5	0.35	2:25	6:54	1	-	9	0:54	1.75	14:41	8:23	1	-	12	7:26
Lap 6	0.35	2:31	7:11	1	-	9	1:00	2.10	17:12	8:11	1	-	11	8:26
Lap 7	0.35	2:40	7:37	1	-	9	1:07	2.45	19:52	8:06	1	-	11	9:33
Lap 8	0.35	2:38	7:31	1	-	9	1:08	2.80	22:30	8:02	1	-	11	10:41
Lap 9	0.35	2:38	7:31	1	-	10	1:06	3.15	25:08	7:58	1	-	10	11:47
Lap 10	0.35	2:42	7:42	1	-	10	1:10	3.50	27:50	7:57	1	-	10	12:57
Lap 11	0.35	fehlt!	-	-	-	-	-	3.85	-	-	1	-	9	-