



1. SPORTident Winter-Stundenlaufserie mit Musik (2. Lauf)

Arnstadt / 21.02.2024

Detailed evaluation

Tim König

Club: Arnstädter Handball Club 2019 e. V.

Number: 88

Course: 0.35 km/Lap

Halbstundenlauf

Category:

männliche Jugend U18 (16/17) H

Total time: 28:40

Speed: 10.47 km/h

Running performance: 5:27 min/km

Laps: 15 (5.25 km)

Rank in course/Men: 13 (of 20)

Rank in category: 1(of 1)

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.35	1:49	5:11	1	-	14	0:29	0.35	1:49	5:11	1	-	14	0:29
Lap 2	0.35	1:47	5:05	1	-	13	0:24	0.70	3:36	5:08	1	-	14	0:53
Lap 3	0.35	1:44	4:57	1	-	8	0:18	1.05	5:20	5:04	1	-	14	1:11
Lap 4	0.35	1:52	5:20	1	-	12	0:25	1.40	7:12	5:08	1	-	12	1:36
Lap 5	0.35	1:52	5:20	1	-	14	0:24	1.75	9:04	5:10	1	-	13	2:00
Lap 6	0.35	1:53	5:22	1	-	12	0:23	2.10	10:57	5:12	1	-	13	2:23
Lap 7	0.35	1:51	5:17	1	-	9	0:22	2.45	12:48	5:13	1	-	12	2:44
Lap 8	0.35	1:53	5:22	1	-	10	0:24	2.80	14:41	5:14	1	-	12	3:04
Lap 9	0.35	1:54	5:25	1	-	12	0:24	3.15	16:35	5:15	1	-	12	3:25
Lap 10	0.35	2:12	6:17	1	-	16	0:44	3.50	18:47	5:22	1	-	13	4:05
Lap 11	0.35	2:04	5:54	1	-	16	0:34	3.85	20:51	5:24	1	-	13	4:37
Lap 12	0.35	2:06	6:00	1	-	15	0:37	4.20	22:57	5:27	1	-	13	5:11
Lap 13	0.35	1:58	5:37	1	-	13	0:28	4.55	24:55	5:28	1	-	13	5:39
Lap 14	0.35	1:55	5:28	1	-	14	0:23	4.90	26:50	5:28	1	-	13	6:02
Lap 15	0.35	1:50	5:14	1	-	7	0:20	5.25	28:40	5:27	1	-	13	6:22