



1. SPORTident Winter-Stundenlaufserie mit Musik (2. Lauf)

Arnstadt / 21.02.2024

Detailed evaluation

Leon Noack

Total time: 28:29

Number: 15

Speed: 6.32 km/h

Course: 0.35 km/Lap

Running performance: 7:23 min/km

Halbstundenlauf

Laps: 11 (3.85 km)

Category:

Rank in course/Men: 19 (of 20)

männliche Jugend U20 (18/19) H

Rank in category: 1(of 1)

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	Total km	Total Time			Total min/km	Pos Men	Behind Men
Lap 1	0.35	2:10	6:11	1	-	19	0:50	0.35	2:10	6:11	1	-	19	0:50
Lap 2	0.35	2:16	6:28	1	-	20	0:53	0.70	4:26	6:20	1	-	19	1:43
Lap 3	0.35	2:18	6:34	1	-	20	0:52	1.05	6:44	6:24	1	-	19	2:35
Lap 4	0.35	2:18	6:34	1	-	18	0:51	1.40	9:02	6:27	1	-	20	3:26
Lap 5	0.35	2:30	7:08	1	-	19	1:02	1.75	11:32	6:35	1	-	20	4:28
Lap 6	0.35	2:29	7:05	1	-	19	0:59	2.10	14:01	6:40	1	-	20	5:27
Lap 7	0.35	2:34	7:20	1	-	19	1:05	2.45	16:35	6:46	1	-	20	6:31
Lap 8	0.35	2:50	8:05	1	-	19	1:21	2.80	19:25	6:56	1	-	19	7:48
Lap 9	0.35	3:26	9:48	1	-	20	1:56	3.15	22:51	7:15	1	-	19	9:41
Lap 10	0.35	2:45	7:51	1	-	20	1:17	3.50	25:36	7:18	1	-	19	10:54
Lap 11	0.35	2:53	8:14	1	-	20	1:23	3.85	28:29	7:23	1	-	19	12:15