



1. SPORTident Winter-Stundenlaufserie mit Musik (2. Lauf)

Arnstadt / 21.02.2024

Detailed evaluation

Alina Feicht

Total time: 59:10

Number: 31

Speed: 6.39 km/h

Course: 0.35 km/Lap

Running performance: 9:23 min/km

Stundenlauf

Laps: 18 (6.3 km)

Category:

Rank in course/Women: 13 (of 13)

Seniorinnen W55 (55-59)

Rank in category: 1(of 1)

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Women	Behind Women	Total km	Total Time			Total min/km	Pos Women	Behind Women
Lap 1	0.35	3:14	9:14	1	-	13	1:44	0.35	3:14	9:14	1	-	13	1:44
Lap 2	0.35	3:31	10:02	1	-	13	2:04	0.70	6:45	9:38	1	-	13	3:48
Lap 3	0.35	3:16	9:20	1	-	13	1:51	1.05	10:01	9:32	1	-	13	5:39
Lap 4	0.35	3:25	9:45	1	-	13	1:39	1.40	13:26	9:35	1	-	13	7:18
Lap 5	0.35	3:12	9:08	1	-	13	1:48	1.75	16:38	9:30	1	-	13	9:06
Lap 6	0.35	3:13	9:11	1	-	13	1:48	2.10	19:51	9:27	1	-	13	10:54
Lap 7	0.35	3:12	9:08	1	-	13	1:45	2.45	23:03	9:24	1	-	13	12:39
Lap 8	0.35	3:13	9:11	1	-	13	1:24	2.80	26:16	9:22	1	-	13	14:03
Lap 9	0.35	3:14	9:14	1	-	13	1:48	3.15	29:30	9:21	1	-	13	15:51
Lap 10	0.35	3:17	9:22	1	-	13	1:51	3.50	32:47	9:21	1	-	13	17:42
Lap 11	0.35	3:21	9:34	1	-	13	1:54	3.85	36:08	9:23	1	-	13	19:36
Lap 12	0.35	3:20	9:31	1	-	13	1:31	4.20	39:28	9:23	1	-	13	21:06
Lap 13	0.35	3:23	9:40	1	-	13	1:57	4.55	42:51	9:25	1	-	13	23:03
Lap 14	0.35	3:22	9:37	1	-	13	1:54	4.90	46:13	9:25	1	-	13	24:57
Lap 15	0.35	3:17	9:22	1	-	13	1:50	5.25	49:30	9:25	1	-	13	26:47
Lap 16	0.35	3:21	9:34	1	-	13	1:30	5.60	52:51	9:26	1	-	13	28:15
Lap 17	0.35	3:16	9:20	1	-	13	1:48	5.95	56:07	9:25	1	-	13	30:03
Lap 18	0.35	3:03	8:42	1	-	13	1:34	6.30	59:10	9:23	1	-	13	31:37