



1. SPORTident Winter-Stundenlaufserie mit Musik (3. Lauf)

Arnstadt / 20.03.2024

Detailed evaluation

Kinder Funstaffel

Number: 40

Course: 0.35 km/Lap
Stundenlauf

Category:

Seniorinnen W80 (80+) H

Total time: 28:57

Speed: 12.44 km/h

Running performance: 4:21 min/km

Laps: 19 (6.65 km)

Rank in course/Women: 8 (of 10)

Rank in category: 1(of 1)

Control	Intermediate times							Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	0.35	1:26	4:05	1	-	1	-	0.35	1:26	4:05	1	-	1	-	
Lap 2	0.35	1:15	3:34	1	-	1	-	0.70	2:41	3:50	1	-	1	-	
Lap 3	0.35	1:27	4:08	1	-	1	-	1.05	4:08	3:56	1	-	1	-	
Lap 4	0.35	1:32	4:22	1	-	1	-	1.40	5:40	4:02	1	-	1	-	
Lap 5	0.35	1:26	4:05	1	-	1	-	1.75	7:06	4:03	1	-	1	-	
Lap 6	0.35	1:20	3:48	1	-	1	-	2.10	8:26	4:00	1	-	1	-	
Lap 7	0.35	1:34	4:28	1	-	1	-	2.45	10:00	4:04	1	-	1	-	
Lap 8	0.35	1:37	4:37	1	-	1	-	2.80	11:37	4:08	1	-	1	-	
Lap 9	0.35	1:32	4:22	1	-	1	-	3.15	13:09	4:10	1	-	1	-	
Lap 10	0.35	1:21	3:51	1	-	1	-	3.50	14:30	4:08	1	-	1	-	
Lap 11	0.35	1:48	5:08	1	-	3	0:02	3.85	16:18	4:14	1	-	1	-	
Lap 12	0.35	1:31	4:19	1	-	1	-	4.20	17:49	4:14	1	-	1	-	
Lap 13	0.35	1:23	3:57	1	-	1	-	4.55	19:12	4:13	1	-	1	-	
Lap 14	0.35	1:41	4:48	1	-	1	-	4.90	20:53	4:15	1	-	1	-	
Lap 15	0.35	1:43	4:54	1	-	1	-	5.25	22:36	4:18	1	-	1	-	
Lap 16	0.35	1:32	4:22	1	-	1	-	5.60	24:08	4:18	1	-	1	-	
Lap 17	0.35	1:23	3:57	1	-	1	-	5.95	25:31	4:17	1	-	1	-	
Lap 18	0.35	1:38	4:40	1	-	1	-	6.30	27:09	4:18	1	-	1	-	
Lap 19	0.35	1:48	5:08	1	-	3	0:03	6.65	28:57	4:21	1	-	1	-	