



1. SPORTident Winter-Stundenlaufserie mit Musik (3. Lauf)

Arnstadt / 20.03.2024

Detailed evaluation

Katja Voigtmann

Club: VfB Torpedo Ichtershausen

Number: 72

Course: 0.35 km/Lap

Stundenlauf

Category:

Seniorinnen W30 (30-34)

Total time: 58:41

Speed: 11.25 km/h

Running performance: 5:04 min/km

Laps: 33 (11.55 km)

Rank in course/Women: 2 (of 10)

Rank in category: 1(of 2)

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.35	1:36	4:34	1	-	2	0:10	0.35	1:36	4:34	1	-	11	0:10
Lap 2	0.35	1:43	4:54	1	-	2	0:28	0.70	3:19	4:44	1	-	11	0:38
Lap 3	0.35	1:47	5:05	1	-	2	0:20	1.05	5:06	4:51	1	-	11	0:58
Lap 4	0.35	1:50	5:14	1	-	4	0:18	1.40	6:56	4:57	1	-	11	1:16
Lap 5	0.35	1:47	5:05	1	-	3	0:21	1.75	8:43	4:58	1	-	11	1:37
Lap 6	0.35	1:50	5:14	1	-	4	0:30	2.10	10:33	5:01	1	-	11	2:07
Lap 7	0.35	1:45	5:00	1	-	2	0:11	2.45	12:18	5:01	1	-	11	2:18
Lap 8	0.35	1:45	5:00	1	-	3	0:08	2.80	14:03	5:01	1	-	11	2:26
Lap 9	0.35	1:46	5:02	1	-	2	0:14	3.15	15:49	5:01	1	-	11	2:40
Lap 10	0.35	1:47	5:05	1	-	3	0:26	3.50	17:36	5:01	1	-	11	3:06
Lap 11	0.35	1:46	5:02	1	-	1	-	3.85	19:22	5:01	1	-	11	3:04
Lap 12	0.35	1:48	5:08	1	-	2	0:17	4.20	21:10	5:02	1	-	11	3:21
Lap 13	0.35	1:49	5:11	1	-	3	0:26	4.55	22:59	5:03	1	-	11	3:47
Lap 14	0.35	1:46	5:02	1	-	2	0:05	4.90	24:45	5:03	1	-	10	3:52
Lap 15	0.35	1:48	5:08	1	-	2	0:05	5.25	26:33	5:03	1	-	10	3:57
Lap 16	0.35	1:50	5:14	1	-	2	0:18	5.60	28:23	5:04	1	-	10	4:15
Lap 17	0.35	1:52	5:20	1	-	3	0:29	5.95	30:15	5:05	1	-	10	4:44
Lap 18	0.35	1:49	5:11	1	-	3	0:11	6.30	32:04	5:05	1	-	9	4:55
Lap 19	0.35	1:45	5:00	1	-	1	-	6.65	33:49	5:05	1	-	9	4:52
Lap 20	0.35	1:47	5:05	1	-	1	-	7.00	35:36	5:05	1	-	1	-
Lap 21	0.35	1:48	5:08	1	-	1	-	7.35	37:24	5:05	1	-	1	-
Lap 22	0.35	1:50	5:14	1	-	2	0:02	7.70	39:14	5:05	1	-	2	0:02
Lap 23	0.35	1:47	5:05	1	-	1	-	8.05	41:01	5:05	1	-	2	0:01
Lap 24	0.35	1:46	5:02	1	-	1	-	8.40	42:47	5:05	1	-	2	0:01
Lap 25	0.35	1:47	5:05	1	-	1	-	8.75	44:34	5:05	1	-	1	-
Lap 26	0.35	1:47	5:05	1	-	2	0:01	9.10	46:21	5:05	1	-	2	0:01
Lap 27	0.35	1:48	5:08	1	-	1	-	9.45	48:09	5:05	1	-	2	0:01
Lap 28	0.35	1:49	5:11	1	-	1	-	9.80	49:58	5:05	1	-	2	0:01
Lap 29	0.35	1:45	5:00	1	-	1	-	10.15	51:43	5:05	1	-	2	0:01
Lap 30	0.35	1:47	5:05	1	-	1	-	10.50	53:30	5:05	1	-	2	0:01



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Lap 31	0.35	1:44	4:57	1	-	2	0:01	10.85	55:14	5:05	1	-	2	0:02
Lap 32	0.35	1:44	4:57	1	-	1	-	11.20	56:58	5:05	1	-	1	-
Lap 33	0.35	1:43	4:54	1	-	2	0:01	11.55	58:41	5:04	1	-	2	0:01