



# 1. SPORTident Winter-Stundenlaufserie mit Musik (3. Lauf)

Arnstadt / 20.03.2024

## Detailed evaluation

Alina Feicht

Total time: 59:16

Number: 34

Speed: 5.06 km/h

Course: 0.35 km/Lap

Running performance: 9:57 min/km

Stundenlauf

Laps: 17 (5.95 km)

Category:

Rank in course/Women: 9 (of 10)

Seniorinnen W55 (55-59)

Rank in category: 1(of 1)

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.35	3:13	9:11	1	-	10	1:47	0.35	3:13	9:11	1	-	11	1:47
Lap 2	0.35	3:20	9:31	1	-	10	2:05	0.70	6:33	9:21	1	-	11	3:52
Lap 3	0.35	3:10	9:02	1	-	10	1:43	1.05	9:43	9:15	1	-	11	5:35
Lap 4	0.35	3:14	9:14	1	-	10	1:42	1.40	12:57	9:15	1	-	11	7:17
Lap 5	0.35	3:17	9:22	1	-	10	1:51	1.75	16:14	9:16	1	-	11	9:08
Lap 6	0.35	3:24	9:42	1	-	10	2:04	2.10	19:38	9:20	1	-	11	11:12
Lap 7	0.35	6:37	18:54	1	-	10	5:03	2.45	26:15	10:42	1	-	11	16:15
Lap 8	0.35	3:11	9:05	1	-	10	1:34	2.80	29:26	10:30	1	-	11	17:49
Lap 9	0.35	3:15	9:17	1	-	10	1:43	3.15	32:41	10:22	1	-	11	19:32
Lap 10	0.35	3:15	9:17	1	-	10	1:54	3.50	35:56	10:15	1	-	11	21:26
Lap 11	0.35	3:10	9:02	1	-	10	1:24	3.85	39:06	10:09	1	-	11	22:48
Lap 12	0.35	3:17	9:22	1	-	10	1:46	4.20	42:23	10:05	1	-	11	24:34
Lap 13	0.35	3:21	9:34	1	-	10	1:58	4.55	45:44	10:03	1	-	11	26:32
Lap 14	0.35	3:15	9:17	1	-	9	1:34	4.90	48:59	9:59	1	-	10	28:06
Lap 15	0.35	3:23	9:40	1	-	9	1:40	5.25	52:22	9:58	1	-	10	29:46
Lap 16	0.35	3:24	9:42	1	-	9	1:52	5.60	55:46	9:57	1	-	10	31:38
Lap 17	0.35	3:30	10:00	1	-	9	2:07	5.95	59:16	9:57	1	-	10	33:45