



16. thüringen ULTRA
Fröttstädt / 06.07.2024

Detailed evaluation

Triathlon Friedrichroda e.V.

Club: Triathlon Friedrichroda e.V.
Number: 4014

Course: 100.00 km
Staffel 4x25 km

Category:
Männerstaffel (4er)

Total time: 9:53:17

Speed: 10.11 km/h
Running performance: 5:55 min/km

Rank in course: 6 (of 14)
Best time in course: 7:44:54

Rank in category: 4(of 7)
Best time in the category: 7:44:54

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Glasbachwiese	27.00	2:25:46	5:23	4	33:42	6	33:42	27.00	2:25:46	5:23	4	33:42	6	33:42
Floh-Seligenthal	27.00	2:34:06	5:42	5	24:30	6	24:30	54.00	4:59:52	5:33	4	46:32	5	46:32
Finsterbergen	22.00	1:58:04	5:21	3	15:55	4	15:55	76.00	6:57:56	5:29	4	1:02:27	5	1:02:27
Fröttstädt	24.00	2:55:21	7:18	7	1:05:56	12	1:05:56	100.00	9:53:17	5:55	4	2:08:23	6	2:08:23