



16. thüringen ULTRA  
Fröttstädt / 06.07.2024

Detailed evaluation

Vier Freunde für ein Ultra

Number: 4005

Course: 100.00 km

Staffel 4x25 km

Category:

Mixstaffel (4er)

Total time: 11:21:37

Speed: 8.80 km/h

Running performance: 6:48 min/km

Rank in course: 10 (of 14)

Best time in course: 7:44:54

Rank in category: 3(of 7)

Best time in the category: 8:06:28

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Glasbachwiese	27.00	3:24:53	7:35	4	1:23:46	11	1:32:49	27.00	3:24:53	7:35	4	1:23:46	11	1:32:49
Floh-Seligenthal	27.00	2:59:49	6:39	3	41:08	9	50:13	54.00	6:24:42	7:07	3	2:04:54	10	2:11:22
Finsterbergen	22.00	2:23:26	6:31	2	32:56	8	41:17	76.00	8:48:08	6:56	3	2:37:50	10	2:52:39
Fröttstädt	24.00	2:33:29	6:23	3	37:19	8	44:04	100.00	11:21:37	6:48	3	3:15:09	10	3:36:43