



16. thüringen ULTRA  
Fröttstädt / 06.07.2024

Detailed evaluation

Run4Fun

Number: 4011

Course: 100.00 km

Staffel 4x25 km

Category:

Mixstaffel (4er)

Total time: 12:39:50

Speed: 7.90 km/h

Running performance: 7:35 min/km

Rank in course: 12 (of 14)

Best time in course: 7:44:54

Rank in category: 5(of 7)

Best time in the category: 8:06:28

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Glasbachwiese	27.00	3:18:07	7:20	3	1:17:00	10	1:26:03	27.00	3:18:07	7:20	3	1:17:00	10	1:26:03
Floh-Seligenthal	27.00	3:18:01	7:20	5	59:20	12	1:08:25	54.00	6:36:08	7:20	4	2:16:20	11	2:22:48
Finsterbergen	22.00	3:29:02	9:30	7	1:38:32	14	1:46:53	76.00	10:05:10	7:57	5	3:54:52	12	4:09:41
Fröttstädt	24.00	2:34:40	6:26	4	38:30	9	45:15	100.00	12:39:50	7:35	5	4:33:22	12	4:54:56