



16. thüringen ULTRA

Fröttstädt / 06.07.2024

Detailed evaluation

Julian Sinke

Club: LG eXa Leipzig e. V.
Number: 110

Course: 100.00 km
100 Kilometer

Category:
Senioren M30 (30-34)

Total time: 8:40:38

Speed: 11.52 km/h
Running performance: 5:12 min/km

Rank in course/Total: 2 (of 195)

Rank in course/Men: 2 (of 156)

Best time in course: 8:25:24

Rank in category: 2(of 8)

Best time in the category: 8:25:24

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	2:18:31	5:07	3	3:49	4	3:49	27.00	2:18:31	5:07	3	3:49	4	3:49
Floh-Seligenthal	27.00	2:19:57	5:10	2	8:04	2	8:04	54.00	4:38:28	5:09	2	11:53	2	11:53
Finsterbergen	22.00	2:00:38	5:29	2	5:42	2	5:42	76.00	6:39:06	5:15	2	17:35	2	17:35
Waltershausen	19.00	1:39:59	5:15	1	-	1	-	95.00	8:19:05	5:15	2	14:49	2	14:49
Fröttstädt	5.00	21:33	4:18	2	0:25	3	0:25	100.00	8:40:38	5:12	2	15:14	2	15:14