



16. thüringen ULTRA  
Fröttstädt / 06.07.2024

Detailed evaluation

**Bernd Balzer**

Club: SSV FSG Eisenberg  
Number: 13

Course: 100.00 km  
100 Kilometer

Category:  
Senioren M55 (55-59)

Total time: 13:37:54

Speed: 7.34 km/h  
Running performance: 8:10 min/km

Rank in course/Total: 87 (of 195)

Rank in course/Men: 71 (of 156)

Best time in course: 8:25:24

Rank in category: 9(of 30)

Best time in the category: 9:29:56

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:12:09	7:07	6	14:35	56	57:27	27.00	3:12:09	7:07	6	14:35	56	57:27
Floh-Seligenthal	27.00	3:28:16	7:42	10	21:15	78	1:16:23	54.00	6:40:25	7:24	7	1:40:14	64	2:13:50
Finsterbergen	22.00	3:26:53	9:24	12	1:12:16	80	1:31:57	76.00	10:07:18	7:59	10	2:52:30	68	3:45:47
Waltershausen	19.00	2:58:36	9:24	11	1:05:38	86	1:18:37	95.00	13:05:54	8:16	11	3:58:08	75	5:01:38
Fröttstädt	5.00	32:00	6:24	3	9:50	47	10:52	100.00	13:37:54	8:10	9	4:07:58	71	5:12:30