



16. thüringen ULTRA  
Fröttstädt / 06.07.2024

Detailed evaluation

Volker Bohr

Number: 182

Course: 100.00 km  
100 Kilometer

Category:  
Senioren M55 (55-59)

Total time: 13:44:52

Speed: 7.27 km/h

Running performance: 8:14 min/km

Rank in course/Total: 95 (of 195)

Rank in course/Men: 77 (of 156)

Best time in course: 8:25:24

Rank in category: 11(of 30)

Best time in the category: 9:29:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total			Pos		Behind	
				Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:23:45	7:32	10	26:11	83	1:09:03	27.00	3:23:45	7:32	10	26:11	83	1:09:03
Floh-Seligenthal	27.00	3:23:56	7:33	5	16:55	65	1:12:03	54.00	6:47:41	7:32	11	1:47:30	75	2:21:06
Finsterbergen	22.00	3:17:13	8:57	6	1:02:36	58	1:22:17	76.00	10:04:54	7:57	7	2:50:06	64	3:43:23
Waltershausen	19.00	3:00:25	9:29	12	1:07:27	88	1:20:26	95.00	13:05:19	8:15	10	3:57:33	73	5:01:03
Fröttstädt	5.00	39:33	7:54	15	17:23	104	18:25	100.00	13:44:52	8:14	11	4:14:56	77	5:19:28