



16. thüringen ULTRA
Fröttstädt / 06.07.2024

Detailed evaluation

Steffen Kummer

Club: Ritter Sport Freunde
Number: 211

Course: 100.00 km
100 Kilometer

Category:
Senioren M55 (55-59)

Total time: 14:10:23

Speed: 7.06 km/h
Running performance: 8:30 min/km

Rank in course/Total: 111 (of 195)

Rank in course/Men: 86 (of 156)

Best time in course: 8:25:24

Rank in category: 12(of 30)

Best time in the category: 9:29:56

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:23:50	7:32	11	26:16	84	1:09:08	27.00	3:23:50	7:32	11	26:16	84	1:09:08
Floh-Seligenthal	27.00	3:36:45	8:01	13	29:44	97	1:24:52	54.00	7:00:35	7:47	13	2:00:24	98	2:34:00
Finsterbergen	22.00	3:51:27	10:31	21	1:36:50	119	1:56:31	76.00	10:52:02	8:34	17	3:37:14	102	4:30:31
Waltershausen	19.00	2:43:48	8:37	7	50:50	55	1:03:49	95.00	13:35:50	8:35	12	4:28:04	87	5:31:34
Fröttstädt	5.00	34:33	6:54	5	12:23	64	13:25	100.00	14:10:23	8:30	12	4:40:27	86	5:44:59