



16. thüringen ULTRA  
Fröttstädt / 06.07.2024

Detailed evaluation

Mike Hausdorf

Club: LG Mauerweg Berlin e.V.  
Number: 78

Course: 100.00 km  
100 Kilometer

Category:  
Senioren M55 (55-59)

Total time: 14:16:41

Speed: 7.00 km/h  
Running performance: 8:34 min/km

Rank in course/Total: 112 (of 195)

Rank in course/Men: 88 (of 156)

Best time in course: 8:25:24

Rank in category: 13(of 30)

Best time in the category: 9:29:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Glasbachwiese	27.00	3:17:12	7:18	8	67	19:38	1:02:30	27.00	3:17:12	7:18	8	67	19:38	1:02:30
Floh-Seligenthal	27.00	3:27:41	7:41	7	73	20:40	1:15:48	54.00	6:44:53	7:29	8	69	1:44:42	2:18:18
Finsterbergen	22.00	3:24:22	9:17	11	74	1:09:45	1:29:26	76.00	10:09:15	8:00	11	71	2:54:27	3:47:44
Waltershausen	19.00	3:28:45	10:59	26	126	1:35:47	1:48:46	95.00	13:38:00	8:36	13	90	4:30:14	5:33:44
Fröttstädt	5.00	38:41	7:44	13	100	16:31	17:33	100.00	14:16:41	8:34	13	88	4:46:45	5:51:17