



# 16. thüringen ULTRA

Fröttstädt / 06.07.2024

## Detailed evaluation

Udo Kliche

Club: Laufen in Lüdo  
Number: 27

Course: 100.00 km  
100 Kilometer

Category:  
Senioren M55 (55-59)

Total time: 14:21:37

Speed: 6.96 km/h  
Running performance: 8:36 min/km

Rank in course/Total: 119 (of 195)

Rank in course/Men: 94 (of 156)

Best time in course: 8:25:24

Rank in category: 15(of 30)

Best time in the category: 9:29:56

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:36:20	8:00	18	38:46	116	1:21:38	27.00	3:36:20	8:00	18	38:46	116	1:21:38
Floh-Seligenthal	27.00	3:43:38	8:16	16	36:37	110	1:31:45	54.00	7:19:58	8:08	17	2:19:47	111	2:53:23
Finsterbergen	22.00	3:28:16	9:28	13	1:13:39	81	1:33:20	76.00	10:48:14	8:31	16	3:33:26	99	4:26:43
Waltershausen	19.00	2:57:53	9:21	10	1:04:55	84	1:17:54	95.00	13:46:07	8:41	16	4:38:21	97	5:41:51
Fröttstädt	5.00	35:30	7:05	9	13:20	75	14:22	100.00	14:21:37	8:36	15	4:51:41	94	5:56:13