



16. thüringen ULTRA  
Fröttstädt / 06.07.2024

Detailed evaluation

Stefan Kempmann

Club: TV 1904 Coburg-Lützelbuch e. V.  
Number: 81

Course: 100.00 km  
100 Kilometer

Category:  
Senioren M55 (55-59)

Total time: 14:29:01

Speed: 6.90 km/h  
Running performance: 8:41 min/km

Rank in course/Total: 123 (of 195)

Rank in course/Men: 97 (of 156)

Best time in course: 8:25:24

Rank in category: 16(of 30)

Best time in the category: 9:29:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:26:33	7:39	12	28:59	94	1:11:51	27.00	3:26:33	7:39	12	28:59	94	1:11:51
Floh-Seligenthal	27.00	3:35:19	7:58	12	28:18	93	1:23:26	54.00	7:01:52	7:48	14	2:01:41	100	2:35:17
Finsterbergen	22.00	3:23:51	9:15	10	1:09:14	73	1:28:55	76.00	10:25:43	8:13	12	3:10:55	80	4:04:12
Waltershausen	19.00	3:16:17	10:19	18	1:23:19	110	1:36:18	95.00	13:42:00	8:39	14	4:34:14	91	5:37:44
Fröttstädt	5.00	47:01	9:24	24	24:51	131	25:53	100.00	14:29:01	8:41	16	4:59:05	97	6:03:37