



16. thüringen ULTRA  
Fröttstädt / 06.07.2024

Detailed evaluation

Andreas Giersberg

Club: FunVorRun Witten  
Number: 154

Course: 100.00 km  
100 Kilometer

Category:  
Senioren M55 (55-59)

Total time: 15:00:05

Speed: 6.67 km/h  
Running performance: 9:00 min/km

Rank in course/Total: 144 (of 195)

Rank in course/Men: 113 (of 156)

Best time in course: 8:25:24

Rank in category: 18(of 30)

Best time in the category: 9:29:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total			Pos		Behind	
				Cat.	Men	Cat.	Men	km	Time	min/km	Cat.	Men	Cat.	Men
Glasbachwiese	27.00	3:28:47	7:43	15	31:13	103	1:14:05	27.00	3:28:47	7:43	15	31:13	103	1:14:05
Floh-Seligenthal	27.00	3:54:28	8:41	19	47:27	125	1:42:35	54.00	7:23:15	8:12	18	2:23:04	114	2:56:40
Finsterbergen	22.00	3:29:49	9:32	14	1:15:12	83	1:34:53	76.00	10:53:04	8:35	18	3:38:16	104	4:31:33
Waltershausen	19.00	3:18:52	10:28	19	1:25:54	113	1:38:53	95.00	14:11:56	8:58	18	5:04:10	110	6:07:40
Fröttstädt	5.00	48:09	9:37	26	25:59	134	27:01	100.00	15:00:05	9:00	18	5:30:09	113	6:34:41