



16. thüringen ULTRA  
Fröttstädt / 06.07.2024

Detailed evaluation

Johannes Fritsch

Number: 168

Course: 100.00 km  
100 Kilometer

Category:  
Senioren M30 (30-34)

Total time: 9:39:16

Speed: 10.36 km/h

Running performance: 5:47 min/km

Rank in course/Total: 7 (of 195)

Rank in course/Men: 7 (of 156)

Best time in course: 8:25:24

Rank in category: 3(of 8)

Best time in the category: 8:25:24

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	2:15:06	5:00	2	0:24	2	0:24	27.00	2:15:06	5:00	2	0:24	2	0:24
Floh-Seligenthal	27.00	2:25:29	5:23	3	13:36	6	13:36	54.00	4:40:35	5:11	3	14:00	4	14:00
Finsterbergen	22.00	fehlt!	-	-	-	-	-	76.00	-	-	-	-	-	-
Waltershausen	19.00	4:25:38	13:58	8	2:45:39	139	2:45:39	95.00	9:06:13	5:44	3	1:01:57	6	1:01:57
Fröttstädt	5.00	33:03	6:36	4	11:55	51	11:55	100.00	9:39:16	5:47	3	1:13:52	7	1:13:52