



16. thüringen ULTRA
Fröttstädt / 06.07.2024

Detailed evaluation

Axel Nentwig

Club: Tree Athlete e.V.
Number: 35

Course: 100.00 km
100 Kilometer

Category:
Senioren M55 (55-59)

Total time: 15:01:49

Speed: 6.65 km/h
Running performance: 9:01 min/km

Rank in course/Total: 146 (of 195)

Rank in course/Men: 115 (of 156)

Best time in course: 8:25:24

Rank in category: 19(of 30)

Best time in the category: 9:29:56

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Pos	Behind	Pos		Behind
	km	Time			min/km	Cat.		Cat.	Men			Men	km	
Glasbachwiese	27.00	3:42:36	8:14	21	45:02	132	1:27:54	27.00	3:42:36	8:14	21	45:02	132	1:27:54
Floh-Seligenthal	27.00	3:48:16	8:27	17	41:15	115	1:36:23	54.00	7:30:52	8:20	19	2:30:41	117	3:04:17
Finsterbergen	22.00	3:38:53	9:56	17	1:24:16	100	1:43:57	76.00	11:09:45	8:48	19	3:54:57	110	4:48:14
Waltershausen	19.00	3:08:05	9:53	15	1:15:07	95	1:28:06	95.00	14:17:50	9:01	19	5:10:04	115	6:13:34
Fröttstädt	5.00	43:59	8:47	21	21:49	121	22:51	100.00	15:01:49	9:01	19	5:31:53	115	6:36:25