



16. thüringen ULTRA  
Fröttstädt / 06.07.2024

Detailed evaluation

Friedhelm Hofmann

Club: Hunsrück-Marathon e.V.  
Number: 181

Course: 100.00 km  
100 Kilometer

Category:  
Senioren M55 (55-59)

Total time: 15:31:08

Speed: 6.44 km/h  
Running performance: 9:18 min/km

Rank in course/Total: 158 (of 195)

Rank in course/Men: 123 (of 156)

Best time in course: 8:25:24

Rank in category: 21(of 30)

Best time in the category: 9:29:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:47:50	8:26	24	50:16	138	1:33:08	27.00	3:47:50	8:26	24	50:16	138	1:33:08
Floh-Seligenthal	27.00	4:03:21	9:00	23	56:20	131	1:51:28	54.00	7:51:11	8:43	24	2:51:00	135	3:24:36
Finsterbergen	22.00	3:46:02	10:16	19	1:31:25	111	1:51:06	76.00	11:37:13	9:10	22	4:22:25	122	5:15:42
Waltershausen	19.00	3:11:24	10:04	16	1:18:26	100	1:31:25	95.00	14:48:37	9:21	21	5:40:51	125	6:44:21
Fröttstädt	5.00	42:31	8:30	19	20:21	114	21:23	100.00	15:31:08	9:18	21	6:01:12	123	7:05:44