



16. thüringen ULTRA  
Fröttstädt / 06.07.2024

Detailed evaluation

Karsten Häcker

Club: 5 Ziegen  
Number: 7

Course: 100.00 km  
100 Kilometer

Category:  
Senioren M55 (55-59)

Total time: 15:57:07

Speed: 6.27 km/h  
Running performance: 9:34 min/km

Rank in course/Total: 170 (of 195)

Rank in course/Men: 133 (of 156)

Best time in course: 8:25:24

Rank in category: 25(of 30)

Best time in the category: 9:29:56

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:47:26	8:25	23	49:52	137	1:32:44	27.00	3:47:26	8:25	23	49:52	137	1:32:44
Floh-Seligenthal	27.00	3:50:03	8:31	18	43:02	118	1:38:10	54.00	7:37:29	8:28	21	2:37:18	130	3:10:54
Finsterbergen	22.00	4:01:35	10:58	27	1:46:58	132	2:06:39	76.00	11:39:04	9:11	23	4:24:16	124	5:17:33
Waltershausen	19.00	3:28:34	10:58	25	1:35:36	125	1:48:35	95.00	15:07:38	9:33	24	5:59:52	131	7:03:22
Fröttstädt	5.00	49:29	9:53	27	27:19	136	28:21	100.00	15:57:07	9:34	25	6:27:11	133	7:31:43