



16. thüringen ULTRA
Fröttstädt / 06.07.2024

Detailed evaluation

Detlev Förkel

Number: 216

Course: 100.00 km
100 Kilometer

Category:
Senioren M55 (55-59)

Total time: 17:39:22

Speed: 5.66 km/h

Running performance: 10:35 min/km

Rank in course/Total: 182 (of 195)

Rank in course/Men: 144 (of 156)

Best time in course: 8:25:24

Rank in category: 29(of 30)

Best time in the category: 9:29:56

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:56:47	8:46	27	59:13	144	1:42:05	27.00	3:56:47	8:46	27	59:13	144	1:42:05
Floh-Seligenthal	27.00	4:59:50	11:06	28	1:52:49	151	2:47:57	54.00	8:56:37	9:56	29	3:56:26	151	4:30:02
Finsterbergen	22.00	4:15:03	11:35	28	2:00:26	136	2:20:07	76.00	13:11:40	10:24	29	5:56:52	142	6:50:09
Waltershausen	19.00	3:43:28	11:45	29	1:50:30	132	2:03:29	95.00	16:55:08	10:41	29	7:47:22	145	8:50:52
Fröttstädt	5.00	44:14	8:50	22	22:04	123	23:06	100.00	17:39:22	10:35	29	8:09:26	144	9:13:58