



16. thüringen ULTRA
Fröttstädt / 06.07.2024

Detailed evaluation

Frank Becker

Club: USV Erfurt
Number: 152

Course: 100.00 km
100 Kilometer

Category:
Senioren M60 (60-64)

Total time: 11:44:44

Speed: 8.51 km/h
Running performance: 7:02 min/km

Rank in course/Total: 30 (of 195)

Rank in course/Men: 25 (of 156)

Best time in course: 8:25:24

Rank in category: 1(of 28)

Best time in the category: 11:44:44

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	2:46:13	6:09	1	-	17	31:31	27.00	2:46:13	6:09	1	-	17	31:31
Floh-Seligenthal	27.00	2:56:46	6:32	1	-	22	44:53	54.00	5:42:59	6:21	1	-	21	1:16:24
Finsterbergen	22.00	2:59:44	8:10	2	11:31	34	1:04:48	76.00	8:42:43	6:52	1	-	22	2:21:12
Waltershausen	19.00	2:35:30	8:11	2	1:44	36	55:31	95.00	11:18:13	7:08	1	-	25	3:13:57
Fröttstädt	5.00	26:31	5:18	1	-	12	5:23	100.00	11:44:44	7:02	1	-	25	3:19:20