



16. thüringen ULTRA

Fröttstädt / 06.07.2024

Detailed evaluation

Eckhard Rump

Club: LG Oelde/Wadersloh
Number: 190

Course: 100.00 km
100 Kilometer

Category:
Senioren M60 (60-64)

Total time: 13:17:15

Speed: 7.53 km/h
Running performance: 7:58 min/km

Rank in course/Total: 71 (of 195)

Rank in course/Men: 60 (of 156)

Best time in course: 8:25:24

Rank in category: 6(of 28)

Best time in the category: 11:44:44

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:21:16	7:27	8	35:03	75	1:06:34	27.00	3:21:16	7:27	8	35:03	75	1:06:34
Floh-Seligenthal	27.00	3:24:44	7:34	7	27:58	67	1:12:51	54.00	6:46:00	7:31	7	1:03:01	71	2:19:25
Finsterbergen	22.00	3:11:56	8:43	4	23:43	49	1:17:00	76.00	9:57:56	7:52	5	1:15:13	59	3:36:25
Waltershausen	19.00	2:46:16	8:45	7	12:30	58	1:06:17	95.00	12:44:12	8:02	7	1:25:59	61	4:39:56
Fröttstädt	5.00	33:03	6:36	8	6:32	51	11:55	100.00	13:17:15	7:58	6	1:32:31	60	4:51:51