



16. thüringen ULTRA  
Fröttstädt / 06.07.2024

### Detailed evaluation

Norbert Gottschlich

Club: room AG Jena  
Number: 161

Course: 100.00 km  
100 Kilometer

Category:  
Senioren M60 (60-64)

Total time: 13:21:59

Speed: 7.48 km/h  
Running performance: 8:01 min/km

Rank in course/Total: 73 (of 195)

Rank in course/Men: 62 (of 156)

Best time in course: 8:25:24

Rank in category: 8(of 28)

Best time in the category: 11:44:44

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:12:21	7:07	5	26:08	57	57:39	27.00	3:12:21	7:07	5	26:08	57	57:39
Floh-Seligenthal	27.00	3:25:46	7:37	8	29:00	69	1:13:53	54.00	6:38:07	7:22	5	55:08	62	2:11:32
Finsterbergen	22.00	3:11:39	8:42	3	23:26	47	1:16:43	76.00	9:49:46	7:45	4	1:07:03	54	3:28:15
Waltershausen	19.00	2:54:20	9:10	13	20:34	75	1:14:21	95.00	12:44:06	8:02	6	1:25:53	60	4:39:50
Fröttstädt	5.00	37:53	7:34	16	11:22	94	16:45	100.00	13:21:59	8:01	8	1:37:15	62	4:56:35