



16. thüringen ULTRA
Fröttstädt / 06.07.2024

Detailed evaluation

Karl Friedrich Reich

Number: 120

Course: 100.00 km
100 Kilometer

Category:
Senioren M30 (30-34)

Total time: 13:12:53

Speed: 7.57 km/h
Running performance: 7:55 min/km

Rank in course/Total: 67 (of 195)

Rank in course/Men: 57 (of 156)

Best time in course: 8:25:24

Rank in category: 5(of 8)

Best time in the category: 8:25:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:15:37	7:14	5	1:00:55	63	1:00:55	27.00	3:15:37	7:14	5	1:00:55	63	1:00:55
Floh-Seligenthal	27.00	3:08:40	6:59	5	56:47	39	56:47	54.00	6:24:17	7:06	5	1:57:42	50	1:57:42
Finsterbergen	22.00	3:22:37	9:12	4	1:27:41	72	1:27:41	76.00	9:46:54	7:43	4	3:25:23	52	3:25:23
Waltershausen	19.00	2:50:25	8:58	4	1:10:26	66	1:10:26	95.00	12:37:19	7:58	5	4:33:03	56	4:33:03
Fröttstädt	5.00	35:34	7:06	6	14:26	76	14:26	100.00	13:12:53	7:55	5	4:47:29	57	4:47:29