



16. thüringen ULTRA  
Fröttstädt / 06.07.2024

Detailed evaluation

Jochen Konradt

Club: Alte Liebe  
Number: 167

Course: 100.00 km  
100 Kilometer

Category:  
Senioren M60 (60-64)

Total time: 13:34:21

Speed: 7.37 km/h  
Running performance: 8:08 min/km

Rank in course/Total: 83 (of 195)

Rank in course/Men: 68 (of 156)

Best time in course: 8:25:24

Rank in category: 9(of 28)

Best time in the category: 11:44:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total			Pos		Behind	
				Cat.	Men	Cat.	Men	km	Time	min/km	Cat.	Men	Cat.	Men
Glasbachwiese	27.00	3:28:32	7:43	11	42:19	102	1:13:50	27.00	3:28:32	7:43	11	42:19	102	1:13:50
Floh-Seligenthal	27.00	3:29:38	7:45	10	32:52	81	1:17:45	54.00	6:58:10	7:44	12	1:15:11	89	2:31:35
Finsterbergen	22.00	3:19:20	9:03	8	31:07	63	1:24:24	76.00	10:17:30	8:07	9	1:34:47	76	3:55:59
Waltershausen	19.00	2:40:16	8:26	4	6:30	44	1:00:17	95.00	12:57:46	8:11	9	1:39:33	67	4:53:30
Fröttstädt	5.00	36:35	7:19	13	10:04	87	15:27	100.00	13:34:21	8:08	9	1:49:37	68	5:08:57