



16. thüringen ULTRA  
Fröttstädt / 06.07.2024

Detailed evaluation

Dieter Kosuch

Club: Finanz Informatik  
Number: 124

Course: 100.00 km  
100 Kilometer

Category:  
Senioren M60 (60-64)

Total time: 13:43:09

Speed: 7.29 km/h  
Running performance: 8:13 min/km

Rank in course/Total: 92 (of 195)

Rank in course/Men: 74 (of 156)

Best time in course: 8:25:24

Rank in category: 11(of 28)

Best time in the category: 11:44:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:26:11	7:38	10	39:58	92	1:11:29	27.00	3:26:11	7:38	10	39:58	92	1:11:29
Floh-Seligenthal	27.00	3:29:49	7:46	12	33:03	83	1:17:56	54.00	6:56:00	7:42	11	1:13:01	86	2:29:25
Finsterbergen	22.00	3:32:32	9:39	11	44:19	90	1:37:36	76.00	10:28:32	8:16	10	1:45:49	86	4:07:01
Waltershausen	19.00	2:40:46	8:27	5	7:00	45	1:00:47	95.00	13:09:18	8:18	11	1:51:05	78	5:05:02
Fröttstädt	5.00	33:51	6:46	10	7:20	58	12:43	100.00	13:43:09	8:13	11	1:58:25	74	5:17:45