



16. thüringen ULTRA
Fröttstädt / 06.07.2024

Detailed evaluation

Volker Ehrlich

Club: Saftland
Number: 158

Course: 100.00 km
100 Kilometer

Category:
Senioren M60 (60-64)

Total time: 14:06:12

Speed: 7.09 km/h
Running performance: 8:27 min/km

Rank in course/Total: 106 (of 195)

Rank in course/Men: 83 (of 156)

Best time in course: 8:25:24

Rank in category: 12(of 28)

Best time in the category: 11:44:44

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:19:05	7:22	6	32:52	70	1:04:23	27.00	3:19:05	7:22	6	32:52	70	1:04:23
Floh-Seligenthal	27.00	3:22:18	7:29	5	25:32	62	1:10:25	54.00	6:41:23	7:25	6	58:24	65	2:14:48
Finsterbergen	22.00	3:57:42	10:48	22	1:09:29	129	2:02:46	76.00	10:39:05	8:24	11	1:56:22	93	4:17:34
Waltershausen	19.00	2:49:07	8:54	9	15:21	64	1:09:08	95.00	13:28:12	8:30	12	2:09:59	84	5:23:56
Fröttstädt	5.00	38:00	7:35	17	11:29	96	16:52	100.00	14:06:12	8:27	12	2:21:28	83	5:40:48