



16. thüringen ULTRA
Fröttstädt / 06.07.2024

Detailed evaluation

Rolf Ellinger

Club: TSF Welzheim
Number: 143

Course: 100.00 km
100 Kilometer

Category:
Senioren M60 (60-64)

Total time: 14:59:05

Speed: 6.67 km/h
Running performance: 8:59 min/km

Rank in course/Total: 142 (of 195)

Rank in course/Men: 111 (of 156)

Best time in course: 8:25:24

Rank in category: 17(of 28)

Best time in the category: 11:44:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total			Pos		Behind	
				Cat.	Men	Cat.	Men	km	Time	min/km	Cat.	Men	Cat.	Men
Glasbachwiese	27.00	3:41:22	8:11	14	55:09	120	1:26:40	27.00	3:41:22	8:11	14	55:09	120	1:26:40
Floh-Seligenthal	27.00	3:45:00	8:20	14	48:14	111	1:33:07	54.00	7:26:22	8:15	14	1:43:23	116	2:59:47
Finsterbergen	22.00	3:47:54	10:21	20	59:41	116	1:52:58	76.00	11:14:16	8:52	14	2:31:33	113	4:52:45
Waltershausen	19.00	3:04:28	9:42	18	30:42	93	1:24:29	95.00	14:18:44	9:02	18	3:00:31	117	6:14:28
Fröttstädt	5.00	40:21	8:04	19	13:50	107	19:13	100.00	14:59:05	8:59	17	3:14:21	111	6:33:41